



Smoothie bowls[®]

yum!

A DELICIOUS
GRAB N' GO
SMOOTHIE BOWL,
BURSTING WITH
REAL FRUIT
FLAVOR.

mango
pineapple



strawberry
banana



- Made with real fruit purée
- Fat, dairy, and cholesterol free
- Excellent source of Vitamin C
- Ready-to-serve. No labor required.
- Perfect for breakfast or as a snack anytime of the day
- Just grab, thaw and enjoy!

CREDITS AS 1/2 CUP FRUIT
per USDA Meal Pattern Requirements



smoothie bowls[®]



INGREDIENT CHECK

Unlike many other frozen fruit treats, Dole Smoothie Bowls[®] are made with ingredients your operation can feel good about serving - the first ingredient is **FRUIT PURÉE**. Check the ingredient list for yourself.

MOST POPULAR SMOOTHIE FLAVORS ON US MENUS⁽¹⁾

Strawberry Banana
A classic flavor combination with a smooth and creamy texture.



#1



STRAWBERRY
88% LIKE/LOVE IT

#2



BANANA
85% LIKE/LOVE IT

Mango Pineapple
A bright and tropical burst of flavor.



#3



MANGO
68% LIKE/LOVE IT

#4



PINEAPPLE
85% LIKE/LOVE IT

Source:
1) Datassential, 2024. (Likeability based on consumers who have tried ingredient.)

Nutrition Facts

	Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D % DV*	Calcium % DV*	Iron % DV*	Potassium % DV*	Vitamin C % DV*
Strawberry Banana Strawberry Puree, Banana Puree, and Agave Syrup.	100-71202-00318-9	128g	100	0	0	0	0	25	2	18	10	<1	0	4	30	20	60
Mango Pineapple Mango Puree, Pineapple Puree, and Agave Syrup.	100-71202-00505-3	128g	120	0	0	0	0	29	2	25	10	1	0	6	25	10	220

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

	Pack/Size	Case Dimensions	Case Weight (lb.)	Case Cube (ft.)	Per Case Pallet	Shelf Life
Dole Smoothie Bowls	96/4.5 oz.	18.063 x 12.188 x 9.125"	30.40	1.162	56	1 year

Visit www.dolefoodservice.com to learn more or call 1-800-462-7706 to speak to a Dole representative.

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UNIVERSITY

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