HOLIDAY ACTIVITIES WEEKLY TIMETABLE

Date	W/C 12th August

Days	Activities
Monday	8.30 - 10.00am Crash Course swimming (Mon to Fri) 10.00-15.30 Junior Gym 10.00 - 11.00 Street Dance Taster Session 10.30-11.30 Aqua Splash (Over 8's) 12.00-14.00 Free Swimming (U16) 15.00 - 15.45pm Drop in Gymnastics (5 - 7 yrs
Tuesday	09.30-10.30 Multi-Sports (Age 5-11 Years) 10.30-11.30 Aqua Splash (Over 8's) 10.00-15.30 Junior Gym (Age 11-15 Years) 12.00-14.00 Free Swimming (U16)
Wednesday	10.00-15.30 Junior Gym (Age 11-15 Years) 10.30-11.30 Aqua Splash (Over 8's) 12.00-14.00 Free Swimming (U16)
Thursday	09.30-10.30 Multi-Sports (Age 5-11 Years) 10.30-11.30 Aqua Splash (Over 8's) 10.00-15.30 Junior Gym (Age 11-15 Years) 12.00-14.00 Free Swimming (U16) 13.30pm - 14.30pm Girls Football (6 - 11 years)
Friday	10.00 - 11.00 Junior Gym Inductions (Book in advance 11 - 15 years) 10.30-11.30 Aqua Splash (Over 8's) 11.00-15.30 Junior Gym (Age 11-15 Years) 11.30am - 12.30 Rookie Lifeguard (Over 8's) 12.00-14.00 Free Swimming (U16)
Saturday	12.00-14.00 Free Swimming (U16 Years)
Sunday	12.00-14.00 Free Swimming (U16 Years)

Find out more about holiday activities at
better.org.uk/activities-for-kids

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