

LAMBETH GLL SPORT FOUNDATION UPDATE

JAN 19

GLL Sport Foundation (GSF), in partnership with Lambeth Council's Gifted and Talented Programme, supports talented athletes who live, train, or are educated in the borough. 2018/19 saw 94 supported athletes, with many using Better facilities, whether that is for their club sessions or their strength & conditioning and fitness training.



GLL SPORT FOUNDATION
SUPPORT DEVELOP ACHIEVE

ATHLETE OF THE MONTH – FEBRUARY 2019



With 2019 kicking off, many athletes have continued with their training and competition, achieving some fantastic results. The 'February Athlete of the Month' winner was awarded to speed skater, **Alexandra Snowdon**. Alexandra competed in four distances at the German Frillancee Cup, where she achieved **Personal Bests in the 500m and 1000m races, improving her World ranking to number 53**. Following her recent series of success spanning the past few months, Alexandra has achieved ICU Star Class qualification and has been selected to represent Great Britain at the 2019 European Youth Championships.

OTHER RESULTS

INTERNATIONAL: With the start of indoor athletics season, three GSF athletes competed around the globe. At the Dr. Sander Columba Challenge (USA), **Byron Robinson** won the **Indoor 600m gold** with a new Personal Best time of 1:16.65. **Kristal Awuah** also medalled last month, with an **Indoor 60m bronze** at the PSD-Bank Indoor Meeting (GER). Hurdler, **Rushane Thomas**, narrowly missed out on a medal in Lataiva but finished in **second place at the London Games** with a 60m Personal Best of 8.09. Moving into the combat sports, Adam Adaman (judo) and Hal Jones (fencing) fought in European events. **Adam** brought home the **bronze in the U81kg weight category** at the International Open Championships (SCO). **Hal finished 45th**, out of 125, at the Espoo Cadet Challenge (FIN). Hal also reached the quarter-finals in the team event where GB finished eighth. **Atl Ongay-Perez**, with figure skating partner Ashlie Slatter, **finished fourth** in the Immediate Novice Ice Dance event in Poland. This is a great result to finish their 2018/19 season, competing at only their second ISU international.

NATIONAL: As well as the other GSF international athletics achievements, **Jaleel Roper** and **Risqat Fabunmi-Alade** had national success; a **bronze at the South of England U17 Championships** and **silver at the Students AC Open** respectively. Weightlifter, **Liem Bui-Le**, became the England's second best lifter, with **silver at the English Senior Championships**. He completed all six lifts with a final score of 130kg in the snatch and 160kg in the clean and jerk. **Sabrina Jones** collected a medal of each colour in three recent events: **West Midlands Pentathlon gold**, LPJS Fairfield fencing silver, and U14 Millfield Elite Epee fencing bronze.



SELECTION: There are also some international selections to mention. **Charlie-Ellen Eales** is again **trailing for the England Australian Rules Football squad** following her success with the team towards the end of 2018 with a silver at the European Cup in Cork. She is also continuing to train with the British team on the Leadership Development Programme. Two Lambeth GSF athletes have also been selected to represent Great Britain at the **World Transplant Games** in August: **Tracey Griffiths** (athletics) and **Simon Randerson** (swimming).

Best of luck to all our athletes at their upcoming events. Visit www.gllsportfoundation.org for more information about the GLL Sport Foundation. Please remember to apply to the GLL Sport Foundation to be a supported athlete through 2019/2020. Applications are being accepted until 20th February www.gllsportfoundation.org/application-form.