

1ST APRIL 2019 –
31ST MARCH 2020

MEMBERSHIP AND ACTIVITY PRICE LIST

SWISS COTTAGE LEISURE CENTRE

Claim your free day pass at better.org.uk/guestpasses



BETTER
the feel good place

WELCOME TO SWISS COTTAGE LEISURE CENTRE

Swiss Cottage Leisure Centre is one of five leisure centres owned by Camden Council and managed by Better.

This brochure outlines the membership and pricing structure for the facilities at Swiss Cottage Leisure Centre.

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**FREE
SWIMMING
60+***



*Available from centre opening until 12pm.

OUR STAFF

We're always happy to support and inspire you to achieve your goals, so come and join us at **Swiss Cottage Leisure Centre** and meet our staff.



FACILITIES

Swiss Cottage Leisure Centre is located in the heart of Camden, close to Finchley Road and Swiss Cottage Jubilee Line tube stations.

The centre includes the following facilities:

- 200-station gym
- Two exercise studios
- 25m 8-lane swimming pool
- Children's pool
- 2 squash courts
- 4-court sports hall
- Sauna and steam facilities
- Climbing wall
- Multi-layered soft play facility
- Spa Experience
- Group cycle studio
- Café



FINDING THE RIGHT MEMBERSHIP FOR YOU

Become a member at Swiss Cottage Leisure Centre

Our friendly staff are always on hand to help you make the most of your leisure centre. Our team will talk through how we can support you. There are a range of memberships and we will help you to choose the one that's right for you.

You can become a member online at any of our leisure centres by going to better.org.uk/memberships

Concessionary membership

You may be entitled to a cheaper membership. Concessionary membership is open to those who:

- Receive housing benefit
- Receive council tax reduction
- Receive working tax credit
- Receive jobseeker's allowance
- Are registered disabled
- Are aged 55+
- Are student aged under 18

Our team will inform you of the relevant documents you'll need to bring with you when purchasing this form of membership. Concessionary membership is available for both prepaid and pay and play options.

BECOMING A MEMBER
AT SWISS COTTAGE
LEISURE CENTRE WILL ALSO
PROVIDE YOU WITH ACCESS
TO OUR FOUR PARTNER
CENTRES ACROSS CAMDEN



MEMBERSHIP OPTIONS FOR CAMDEN RESIDENTS

Pay and play membership

This is our most flexible membership option. You pay a one-off low-cost annual membership fee and pay a reduced fee each time you visit. You can find out more about our leisure activity prices on pages 8–10.

Prepaid membership

This membership gives you unlimited use of the gym, swimming pool and fitness classes. Prepaid memberships include a one-off joining fee and can be paid monthly (by direct debit) or in a single annual payment.

Using the centre without a membership

You don't have to be a member to use our leisure centres. There are non-member rates for individual activities and fitness classes; see pages 9 and 10. Please note that use of the gym is not included within this option.

GET 12 MONTHS
FOR THE PRICE
OF 10 WHEN YOU
PAY ANNUALLY



ADULT PRICES 2019/2020

Adult – Resident membership type		Includes access to			Applies to		Method of payment	
		Gym	Swim	Fitness Classes	Camden	UK-wide	Direct Debit Monthly Fee	Annual Fee
Prepaid	Disability Camden	•	•	•	•		£9.95	£99.95
	Disability UK	•	•	•	•	•	£20.95	£239.40
	Health and Fitness Concession*	•	•	•	•		£31.70	£317.00
	Health and Fitness Camden	•	•	•	•		£50.95	£509.50
	Health and Fitness UK (inc. racquet sports)	•	•	•	•	•	£58.95	£589.50
	Swim Only		•		•	•	£32.50	£378.00
	Student 19+	•	•	•	•	•	£34.95	£349.50
Pay & Play	Adult Pay and Play Concession*	•	•	•	•		N/A	£5.50
	Adult Pay and Play	•	•	•	•		N/A	£40.55

JUNIOR PRICES 2019/2020

Junior – Resident membership type		Includes access to			Method of payment	
		Gym	Swim	Fitness Classes	Direct Debit Monthly Fee	Annual Fee
Prepaid	Health and Fitness Junior Concession*	•	•	•	£13.10	£130.80
	Health and Fitness Junior	•	•	•	£16.40	£164.00
	Student 16–18	•	•	•	£31.70	N/A
Pay & Play	Junior Pay and Play Concession*	•	•	•	N/A	£2.90
	Junior Pay and Play	•	•	•	N/A	£5.35

All junior memberships listed above are Camden leisure centres only.

HEALTH AND WELL-BEING CHAMPIONS

A new role has been introduced across all Better Camden Leisure Centres, a Health and Wellbeing Champion per centre is in place to support our Better Community pillar, playing an active role in working in partnership with Camden citizens and community organisations, supporting the overall health and well-being of citizens through promoting leisure centre and community activities.

To contact your Health and Wellbeing Champion, please email swiss.cottage@gll.org

ADULTS AND JUNIOR — PAY AND PLAY PRICES 2019/2020

ACTIVITY PRICES

Below are the prices for Swiss Cottage Leisure Centre. For the full range of activities and prices for Camden, contact the leisure centre of your choice. See page 16 for contact information or visit better.org.uk/camden

GYM PRICES

Adult	Standard	£8.45
	Concession*	£3.90
Junior	Standard	£4.90
	Concession*	£3.20

All gym users must first complete a gym induction. This can be done at the Camden leisure centre of your choice. See page 16 for contact information. The prices for a gym induction are below.

	30 minute (gym induction only)	60 minute (gym induction and personalised fitness programme)
Standard	£35.95	£43.00
Concession*	£17.00	£20.20

Please note that non-members cannot use the gym.

FITNESS CLASSES

For the full timetable, please visit better.org.uk/swisscottage or ask at reception.

		45-minute class	60-minute class
Adult	Standard	£6.70	£6.90
	Concession*	£3.20	£3.70
	Non-member	£9.15	£9.85

HEALTH SUITE

The health suite is situated poolside and consists of a sauna, steam room and spa pool.

Adult	Standard	£9.95
	Concession*	£6.20
	Non-member	£13.25

ACTIVITY PRICES FOR PAY AND PLAY INCLUDING CONCESSIONS*

SWIMMING

We have swimming pools at the following leisure centres:

- Pancras Square Leisure
- Kentish Town Sports Centre
- Oasis Sports Centre
- Swiss Cottage Leisure Centre

See page 16 for the address and contact information for our leisure centres.

Adult	Standard	£4.45
	Concession*	£2.30
	Non-member	£6.15
Junior	Standard	£1.85
	Concession*	£1.55
	Non-member	£2.05

FREE SWIMMING

If you're aged 60+ and a Pay & Play member, you can swim for free Monday to Friday from 7am to 12 noon.

SQUASH

The below prices are for 40 minutes, court hire. We charge a £10 deposit for equipment hire, which we refund upon return of the items at the end of your session. There are two courts available, which are very popular, so booking in advance is recommended.

Adult	Standard	£11.20
	Concession*	£5.80
	Non-member	£15.25
Junior	Standard	£5.30
	Concession*	£3.55
	Non-member	£8.40

HEALTH SUITE

The Health Suite is located on the first floor, and includes use of the sauna, steam room and monsoon shower.

CLIMBING WALL

Our Climbing Wall has classes for both adults and children, from beginners through to specialised advanced courses. For further information please contact the centre directly or visit better.org.uk/swisscottage

Adult	Standard per instructed session from:	£23.55
Junior	Standard per instructed session from:	£14.80

SPORTS HALL

The Sports Hall is a multi-sport arena featuring four badminton courts, one basketball court and one volleyball court. Event seating for up to 100 people is available. The Sports Hall is available for block bookings and one-off use.

Adult Badminton	Standard	£11.00
	Concession*	£5.05
	Non-member	£16.05
Junior Badminton	Standard	£5.20
	Concession*	£3.50
	Non-member	£8.35
Adult Table Tennis	Standard	£11.15
	Concession*	£5.05
	Non-member	£16.05
Junior Table Tennis	Standard	£5.75
	Concession*	£3.50
	Non-member	£8.35

OUTDOOR PITCH

Our outdoor pitch is great for school use, tournaments and friends who like a game after work. The pitch can be booked on a one-off basis or block bookings are available.

1 hour	Standard	£83.90
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CRÈCHE

Our crèche for under-fives gives you the chance to take part in leisure activities, knowing your children are well cared for. You can leave your child for up to two hours. Booking is essential and places are limited. Our Crèche is OFSTED registered, which means that it is regulated and inspected to ensure the care of the children who attend is of an excellent standard.

Our crèche opening times are: Monday to Friday 9am to 3pm and Saturday and Sunday 9am to 1pm

Adult	Standard	£8.70
	Concession*	£5.20
	Non-member	£12.30

RASCAL / SOFT PLAY

Treat the kids to an indoor adventure all year round. Give them the freedom to play and use their imagination with our purpose-built play areas with lots of different interactive sections.

Rascals Over 5 years**	Standard	£5.00
	Concession*	£3.00
	Non-member	£7.10
Rascals Under 5 years**	Standard	£4.35
	Concession*	£2.40
	Non-member	£6.05
Toddlers World	Standard	£3.65
	Concession*	£2.40
	Non-member	£6.25

**Socks must be worn at all times and parental supervision is required. Maximum age for this session is 11 years old.

SPA EXPERIENCE

Swiss Cottage Leisure Centre is home to a fantastic boutique spa. We offer a range of beauty and relaxation treatments and have a great-looking Sauna and Aroma Steam Room.

Choose from a range of Spa Experience Signature treatments and packages, including body treatments, facial treatments, massage therapies and finishing touches.

Treatment	Cost from	Cost to
Massage	£21.40	£85.20
Elemis Facials	£30.00	£70.00
Manicure/Pedicure	£22.00	£38.00



NON-RESIDENT MEMBERSHIP OPTIONS AND PRICES

Adult / Junior non-resident – membership type		Includes access to			Applies to		Method of payment	
		Gym	Swim	Fitness Classes	Camden	UK-wide	Direct Debit Monthly Fee	Annual Fee
Prepaid	Health and Fitness Junior	•	•	•	•		£16.40	£164.00
	Disability UK	•	•	•	•	•	£20.95	£239.40
	Student	•	•	•	•	•	£43.00	£420.00
	Health and Fitness Camden	•	•	•	•		£57.95	£579.50
	Health and Fitness UK	•	•	•	•	•	£70.00	£700.00
	Swim Only		•		•	•	£32.50	£378.00
Pay & Play	Adult Pay and Play	•	•	•	•		N/A	£80.90
	Adult Pay and Play Concession	•	•	•	•		N/A	£35.30
	Junior Pay and Play	•	•	•	•		N/A	£16.40
	Junior Pay and Play Concession*	•	•	•	•		N/A	£2.90

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BETTER LEISURE CENTRES IN CAMDEN

01. Kentish Town Sports Centre

Grafton Road, Kentish Town, London NW5 3DU

Tel: 020 7974 7000

02. Oasis Sports Centre

32 Endell Street, Covent Garden, London WC2H 9AG

Tel: 020 7831 1804

03. Pancras Square Leisure

5 Pancras Square, King's Cross, London N1C 4AG

Tel: 020 7974 5555

04. Swiss Cottage Leisure Centre

Adelaide Road, Swiss Cottage, London NW3 3NF

Tel: 020 7974 2012

05. Talacre Community Sports Centre

Dalby Street, Kentish Town, London NW5 3AF

Tel: 020 7974 8765

You can find out more about
our leisure centres at better.org.uk/camden



CLAIM YOUR
FREE DAY PASS AT
[BETTER.ORG.UK/GUESTPASSES](https://better.org.uk/guestpasses)

Membership terms and conditions apply, please visit better.org.uk/terms for details. Leisure centre prices are reviewed annually and may increase. Activity prices vary slightly from centre to centre. Activity prices are the maximum you will be expected to pay. Prices are correct as at April 2018. For up-to-date prices, speak to a member of staff in centre. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398