



## HIGHGROVE POOL AND FITNESS CENTRE SWIMMING POOL TIMETABLE 2020 - Covid19



DAY	POOL	TIME	ACTIVITY	SWIMMERS	MAXIMUM AVAILABLE PUBLIC LANES	BOOM IN?
MONDAY	MAIN POOL	06:30 - 09:00	Swim Fit	Adults Only	6 Lanes (33m)	No
		11:30 - 13:30	Swim Fit	Adults Only	6 Lanes (33m)	No
		15:30 - 21:00	Swim For All	All		
					3:30-4pm 4 lanes (30m) 4-5pm 3 lanes (30m) from 5pm 1 lane (30m) 7-9pm 3 lanes	Yes No
	TEACHING POOL	CLOSED				
TUESDAY	MAIN POOL	06:30 - 09:00	Swim Fit	Adults Only	6 Lanes (33m)	No
		11:30 - 13:30	Swim Fit	Adults Only	6 Lanes (33m)	No
		15:30 - 21:00	Swim For All	All		
					3:30-4pm 4 lanes (33m) 4-5pm 2 lanes (30m) 5-6pm 1 lane (30m) 6-6:30pm NO LANES AVAILABLE 6:30-7:30pm 3 lanes (30m) from 7:30pm 4 lanes (33m)	Yes No
	TEACHING POOL	CLOSED				
WEDNESDAY	MAIN POOL	06:30 - 09:00	Swim Fit	Adults Only	6 Lanes (33m)	No
		11:30 - 13:30	Swim Fit	Adults Only	6 Lanes (33m)	No
		15:30 - 20:00	Swim For All	All		
					3:30-4pm 4 lanes (33m) 4-7pm 1 lane (30m) from 7pm 3 lanes (33m)	Yes No
	TEACHING POOL	CLOSED				
THURSDAY	MAIN POOL	06:30 - 09:00	Swim Fit	Adults Only	6 Lanes (33m)	No
		11:30 - 13:30	Swim Fit	Adults Only	6 Lanes (33m)	No
		15:30 - 20:00	Swim For All	All		
					3:30-4pm 4 lanes (30m) 4-5pm 3 lanes (30m) 5-6pm 2 lanes (30m) 6-7pm 1 lane (30m) from 7pm 3 lanes (33m)	Yes No
	TEACHING POOL	CLOSED				
FRIDAY	MAIN POOL	06:30 - 09:00	Swim Fit	Adults Only	6 Lanes (33m)	No
		11:30 - 13:30	Swim Fit	Adults Only	6 Lanes (33m)	No
		15:30 - 19:00	Swim For All	All		
					3:30-4pm 4 lanes (30m) from 4pm 2 lanes (30m)	No
	TEACHING POOL	CLOSED				
SAT	MAIN POOL	09:00 - 12:30	Swim For All	All	1 Lane (30m)	No
		12:30 - 14:00	Swim For All	All	2 Lane (30m)	No
	TEACHING POOL	CLOSED				
SUN	MAIN POOL	08:00 - 12:30	Swim For All	All	1 Lane (30m)	No
	TEACHING POOL	CLOSED				

\*"Boom in" means the shallow end of main pool is sectioned off up until the red line (3metres) - when the boom is in, public lanes are shortened to 30 metres (30m) instead of 33 metres (33m)

### SWIM SAFELY RULES:

Under 8's and non swimmers under 16 must be accompanied and supervised by a competent adult (16+) swimmer;  
No more than two under 8's or non swimmers under 16 are allowed for each competent adult (16+) swimmer;  
Under 8's and all non swimmers must remain in the shallow end and behind the red demarcation line on poolside (1.3m).