

International Women's Day 2025



Barnet Council is pleased to celebrate International Women's Day 2025, a significant annual event that honours women's achievements, raises awareness, and educates communities about gender equality. This year's UN theme, **“For ALL women and girls: Rights. Equality. Empowerment.”** and local theme **“Accelerate Action”** lead our focus on advancing and emphasizing women's equality and celebrating achievements. This year, Barnet Council will continue to celebrate local women through our InspirationALL awards.

Observed annually on March 8th, we are extending the celebration with a week of activities from Monday 3rd March to Saturday 8th March, culminating in a final event on March 18th.

Below is a list of the exciting events and activities happening across the borough. Together, we can accelerate action for gender equality.

International Women Week event timetable

Activity/Event	Provider	Day	Time	Location
Violence Against Women and Girls (VAWG) stand	Metropolitan Police	Monday 3 rd March	08:30-10:30	Edgware Tube Station Rd Edgware HA8 7AW
Monday Tea Club	Colindale Community Trust	Monday 3 rd March	14:00-16:00	Old Library The Concourse Grahame Park NW9 5XA
Female only Fitness	Colindale Community Trust	Monday 3 rd March	19:00-20:00	Old Library The Concourse Grahame Park NW9 5XA
Violence against Women and Girls (VAWG) Walk and Talk	Metropolitan Police	Tuesday 4 th March	11:00-13:00	Brent Cross meeting at Brent cross tube station High Feld Avenue Brent Cross NW11 9UA
Water Work Out	BETTER/GLL	Wednesday 5 th March	10:15-11:15	Finchley Lido Leisure Centre

				Great North Leisure Park Finchley N12 0GL
Physical Activity Workshop	Meridian Wellbeing	Wednesday 5 th March	12:30- 13:30	Meritage Centre Hendon NW4 4JT
Violence Against Women and Girls (VAWG) stand	Metropolitan Police	Wednesday 5 th March	15:30- 18:00	Tally Ho corner near Arts Depot High Rd junction with Neither Street North Finchley N12 0GA
Female Only Boxercise	Colindale Community Trust	Wednesday 5 th March	19:00- 20:00	Grahame Park Community Centre, The Concourse Grahame Park NW9 5XA
Anxiety Workshop	Meridian Wellbeing	Thursday 6 th March	TBC	Meritage Centre Hendon NW4 4JT
Coffee Morning	Colindale Community Trust	Thursday 6 th March	10:00- 12:00	Old Library The Concourse Grahame Park NW9 5XA
Art Exhibition	Barnet Council and partners	Thursday 6 th March	13:00- 15:00	Hendon Town Hall

Violence Against Women and Girls (VAWG) Stand	Metropolitan Police	Thursday 6 th March	15:30-18:00	Outside B&Q Cricklewood Lane NW2 1ET
Weekly Debt Surgery* Free guidance on managing debt, budgeting, and financial planning	Be Lifted Now	Friday 7 th March	10:00-15:00	Boost Offices in Burnt Oak Library 87 Burnt Oak Broadway, Burnt Oak, Edgware HA8 5EP
International Women Day Celebration	Meridian Wellbeing in collaboration with Colindale Community Trust	Friday 7 th March	11:00-14:00	Meritage Centre Hendon NW4 4JT
Violence Against Women and Girls (VAWG) Stand	Metropolitan Police	Friday 7 th March	15:30-18:00	Hendon Central Tube Station Queens Rd Hendon NW4 3AS
Weekly Debt Surgery* Free guidance on		Saturday 8 th March	10:00-15:00	Green Man Community Centre

managing debt, budgeting, and financial planning				Strawberry Vale East Finchley London N2 9BA
International Women Day Celebration	Unitas	Saturday 8 th March	TBC	Unitas Youth Zone 76 Montrose Avenue, Edgware HA8 0DT
Stand Up Against Harassment bystander training	Delivered by the Suzy Lamplugh Trust and organised by LBB VAWG team	Tuesday 18 th March	13:00	Online event

** Weekly Debt Surgery is a service available all year, that consists of free and confidential support to help women to take control of their finances. Experts provide guidance on managing debt, budgeting, and financial planning.*