

MAKE LEARNING A SPLASH

at Lee Valley White Water Centre



Operated by

BETTER

On behalf of

Lee Valley
Regional Park Authority

CALLING ALL SCHOOLS

Suit up for an action packed adventure guided by qualified Paddle UK Qualified coaches. Check out our exciting activities and exclusive packages on the white water and crystal clear lake.

White Water Rafting

Share the laughs with your friends as you're challenged and guided down the legacy loop (8 years plus) or Olympic course (12 years plus) tackling the surging white water. We'll talk the kids through the basic skills and safety of rafting whilst on the lake before they're ready to hit the rapids!

Explore Kayaking

Fun for the whole class, these relaxed sessions for those 8 years and above are a great way to learn to paddle and get the kids comfortable on the water.

Explore Paddleboarding

Discover the world of Stand Up Paddleboarding and have fun on the lake or relax whilst you paddle! For those aged 8 years and above, no previous experience is necessary - just turn up and test your balancing skills.



Water Wipeout

Tackle our fun sized inflatable obstacle course on the lake for those 8 years and above and have the kids compete against their classmates to see who can complete our course in the fastest time! Leaping over obstacles and into the water - you're guaranteed a splashing time.

Hydrospeeding

Pure white water fun for those aged 12 and above! Jump into action, navigating your way down the rapids holding on to your hydrospeed - a cross between a float and a body board.

Raft Building

You'll be given barrels, planks and ropes and it'll be down to your class to construct their own raft in a race to get back to dry land. A recipe for a great day out for those 10 years and above and to get the kids out of their comfort zone.



LONG TERM PROGRAMMES

Build a programme that works for your students! With a weekly two hour session that runs for 18 weeks, participants have the opportunity to achieve a British Canoeing Personal Performance Award.

Schedule your sessions any time between 09:00 and 17:00. Kit and equipment is included for all participants. These offers are only available for groups and bookable weekdays.

For information on our activities and how to book, please contact us today!

Check out educational programmes exploring Lee Valley – find out more at visit leevalley.org.uk/education



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*Please note that if the majority of pupils do not meet required standards for the sessions, the coach will stop the specific session and deliver Pedal Up schools activities on a flat area.