

# OUTDOOR ARENA TIMETABLE

## FROM 17TH APRIL 2026



We've developed a timetable that allows us to continue to offer sessions for all user groups throughout the refurbishment. All sessions must be pre-booked online or via the Better UK app, where you'll see two booking options - 'Club Athletics' and 'Athletics'.

The following clubs can book to attend their usual club training sessions via the 'Club Athletics' option: Belle Vue Racers, Fast Girls Run Club, M11 Track Club, Manchester Front Runners, Manchester Harriers, Sale Harriers and University of Manchester Athletics. If you think your club has been missed off this list, please let us know.

Individuals doing their own training (outside club sessions) or members of other clubs or groups should book via the 'Athletics' option. Please note: Public and Club training sessions on the outdoor track will have set zones in which to train. Please refer to the track plans displayed in centre for this information.

	7am - 8am	8am - 9am	9am - 10am	10am - 11am	11am - 12pm	12pm - 1pm	1pm - 2pm	2pm - 3pm
Monday	Public / Clubs	Public / Clubs	Public / Clubs	Home Education	Home Education	Public / Clubs	Public / Clubs	Public / Clubs
Tuesday	Public / Clubs							
Wednesday	Public / Clubs							
Thursday	Public / Clubs							
Friday	Public / Clubs							
Saturday	Closed	Closed	Public / Clubs					
Sunday	Closed	Closed	Public / Clubs					

	3pm - 4pm	4pm - 5pm	5pm - 6pm	6pm - 7pm	7pm - 8pm	8pm - 9pm	9pm - 10pm
Monday	Public / Clubs	Public / Clubs	Funetics / Stride / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs
Tuesday	Public / Clubs	Public / Clubs	RJT Junior Beginners and Advanced / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs
Wednesday	Public / Clubs	Public / Clubs	Stride / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs
Thursday	Public / Clubs	Public / Clubs	RJT / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs
Friday	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs	Public / Clubs
Saturday	Public / Clubs	Public / Clubs	Closed	Closed	Closed	Closed	Closed
Sunday	Public / Clubs	Public / Clubs	Closed	Closed	Closed	Closed	Closed

In partnership with

