

The Hub: September's Activities

Free for All to Join

W/C: 07.09.26		
Centre	Date & Time	Activity / Workshop
Oasis	Monday, 10:00 – 12:00	Coffee Morning
KTSC	Tuesday, 10:00 – 14:00	Camden Council Mobile Health Check and UCLH Lung Cancer Screening Information
Talacre	Wednesday, 10:00 – 12:00	Walking Football
Swiss	Thursday, 10:00 – 12:00	Shaw Trust: MSK Trailblazer
PSL	Friday, 10:00 – 12:00	Masterclass: Introduction to Spanish Lessons with Arianna
W/C: 14.09.26		
Centre	Date & Time	Activity / Workshop
Oasis	Monday, 10:00 – 14:00	Rooftop Bowls
KTSC	Tuesday, 10:00 – 12:00	Members Brunch
Talacre	Wednesday, 10:00 – 12:00	Walking Cricket
Swiss	Thursday, 10:30 – 11:15	Aqua Aerobics (LIMITED TICKETS, speak to reception for availability)
PSL	Friday, 10:00 – 12:00	Table Tennis Drop-In
W/C: 21.09.26		
Centre	Date & Time	Activity / Workshop
Oasis	Monday, 10:30 – 11:00	Boxfit with Joe (LIMITED TICKETS, speak to reception for availability)
KTSC	Tuesday, 10:00 – 12:00	Masterclass: Introduction to Polish with Victoria
Talacre	Wednesday, 12:00 – 14:00	Table Tennis Drop-In
Swiss	Thursday, 11:15 – 12:00	Strength and Mobility Group Gym Induction with Abu
PSL	Friday, 09:30 – 10:15	Body Conditioning (LIMITED TICKETS, speak to reception for availability)
W/C: 28.09.26		
Centre	Date & Time	Activity / Workshop
Oasis	Monday, 11:00 – 11:45	Aqua Aerobics (LIMITED TICKETS, speak to reception for availability)
KTSC	Tuesday, 10:00 – 12:00	Life Drawing
Talacre	Wednesday, 10:00 – 12:00	Badminton Drop-In
Swiss	Thursday, 10:00 – 12:00	Table Tennis Drop-In
PSL	Friday, 10:00 – 12:00	Life Drawing

Any questions, please contact: camden@gll.org

