



Farms

1

ARLO'S HONEY FARM

Follow the hum, see the bees, smell the flowers. Learn how our fruits and vegetables grow. Now taste award-winning honey!

MAY-OCT: MON-SAT 10-4
OPEN LONG WEEKENDS

4329 Bedford Lane | t 250-764-2883
arloshoneyfarm.com

2

ARNDT ORCHARDS

Enjoy a fun and authentic farm experience at our u-pick cherry orchard. Growing quality cherries since 1946.

EARLY JULY TO MID-AUGUST

1555B Teasdale Road | t 250-765-9568
arndtorchards.com

3

BC TREE FRUITS COOPERATIVE MARKET

Home to fresh fruit grown by over 500 member growers. Okanagan vegetables available in season.

OPEN DAILY YEAR ROUND
MON-SAT 9-6 | SUN 10-5

826 Vaughan Avenue | t 250-763-8872
bctree.com

BELLA ROSA ORCHARDS

4

LATE AUG-OCT: OPEN DAILY 8:30-5:30
120 Mail Road | t 250-763-5433
Visit us on facebook

5

CALDWELL HERITAGE FARM

Meet our free-range chickens and collect your own farm-fresh eggs (supplies limited). U-pick veggies, agricultural heritage exhibit.

MID-JUNE THRU AUG: WED-FRI 10-4
CHECK WEBSITE TO CONFIRM HOURS

4275 Goodison Road | t 250-764-7230
caldwellheritagefarm.com

6

CARMELIS GOAT CHEESE ARTISAN

Unique, handmade goat cheese and gelato with rich flavours and natural ingredients.

MAR 1-APR 30: 11-5 | MAY 1-SEPT 30: 10-6
OCT 1-31: 11-5

170 Timberline Road | t 250-764-9033
carmelishgoatcheese.com

7

DON-O-RAY FRUITS & VEGETABLES

Select fresh-picked fruits and vegetables, homemade hot sauce, butter chicken sauce, juices, jams, and tasty snacks.

OPEN DAILY 9-7

3443 Benvoulin Road
t 250-860-2557 | cell 250-575-7806

8

DUGGAN FARMS

Berries, fruit, and vegetables – enjoy picking your own, or we can do the work for you.

JUNE-OCT: OPEN DAILY
PHONE FOR HOURS

2651 Camp Road, Lake Country
t 250-766-2628

9

EAST KELOWNA CIDER CO.

Producers of handcrafted ciders from fruit grown on the farm. Farm/ciderery tours, cider tastings, on-site store.

MAY-OCT: OPEN DAILY
DEC-JUNE: CALL FOR HOURS

2960 McCullough Road | t 250-860-3610
eastkelownacider.com

10

FATHER PANDOSY MISSION & PIONEER MUSEUM

BC Interior's first permanent European agricultural settlement. Original buildings and artifacts.

OPEN EASTER THRU THANKSGIVING
SEVEN DAYS A WEEK – DAWN TO DUSK

3685 Benvoulin Road | fatherpandosy.com

11

**FUNCTION JUNCTION FRUIT STAND
DOUBLE CROSS CIDERY**

Enjoy our fresh-picked fruits, vegetables, and 100% pure pressed apple juice. Sample varieties of tasty hard and iced fruit ciders.

JUNE 1-OCT 31: OPEN DAILY 9-5:30

811 Hwy 33 East | t 250-863-8011
function-junction.ca

Kelowna Farm to Table – The Path to Your Plate

Here in Kelowna, farmers and chefs take pride in their commitment to quality and share a passion for locally grown food. Because our farms and restaurants are so close together, chefs can pick products at just the right moment to create tasty works of art, all in the same day. So come and give it a taste. Visit an artisan farm during the day, then experience how local chefs turn fresh, local products into delicious meals.

12

GAMBELL FARMS

Select fresh-picked fruit and vegetables from our 30-acre farm. We also sell honey, fruit pies, scones, and preserves. *Interac®*

JUNE TO EARLY NOV: MON-SUN 9-6

12133 Okanagan Centre Road E, Lake Country
t 250-766-4036 | 250-766-3131 (off season)
pengam@telus.net

13

GATZKE'S FARM IN LAKE COUNTRY

Foodism events, weddings, accommodation, farm, market, and bakery which use our gardens and orchards for ingredients.

JUN: 8:30-5:30 | JUL-AUG: 8-8
SEPT-OCT: 8:30-5:30

15690 Pelmevash Pkwy at Oyama, Lake Country
t 250-548-3444 gatzkeorchard.com

14

HILLCREST FARM MARKET

Offering farm fresh fruits and vegetables, a café with delicious Indian and Western cuisine and modern luxury at our Bed & Breakfast.

MAY-SEPT: OPEN DAILY | OCT-APR: CLOSED TUES

700 Highway 33 East | t 250-765-8000
hillcrestfarmmarket.com

15

KELOWNA FARMERS' & CRAFTERS' MARKET

165 vendors – farmers, bakers, artisans, and concessions. Fresh, local produce & handmade items. *Feeding the community since 1995.*

APR-OCT: WED & SAT 8-1 | NOV-MAR: SAT 9-1

Corner Springfield & Dilworth | t 250-878-5029
kelownafarmersandcraftersmarket.com

16

KELOWNA VEGGIES

Kelowna's newest, family-owned and operated farm. Heirloom, open-pollinated, non-GMO and sustainably grown veggies, herbs and berries.

MAY TO OCT: MON-FRI 10-6/SAT 9-4

2570 Old Vernon Road | t 778-753-0730
kelownaveggies.com

17

LAUREL PACKINGHOUSE

Explore the historic roots of Okanagan's fruit and wine industries, and shop for made-in-Okanagan gifts.

OPEN YEAR ROUND

1304 Ellis Street | t 778-478-0347
kelownamuseums.ca

18

MEADOW VISTA HONEY WINES

Taste the *Okanagan's Best Honey Wine* (aka mead), pick seasonal fruit, play a game of bocci, or enjoy a picnic lunch on the patio!

MAY-OCT: OPEN DAILY 10-5
NOV-APR: MON-FRI 10-5/WEEKENDS 12-5

3975 June Springs Road | t 250-862-2337
meadowvista.com

19

OKANAGAN LAVENDER & HERB FARM

Find your balance. Stroll through our gardens or sit at our aromatherapy bar. It's all about an earthly experience that is calm and centering.

MAY 1-THANKSGIVING: OPEN DAILY
OCT 12-DEC 17: TUES-SAT

4380 Takla Road | t 250-764-7795
okanaganlavender.com

20

OLD MEADOWS ORGANIC FARM

We grow a wide range of certified organic fruits, vegetables, herbs, and flowers. Come visit us this summer and add some farm to your table.

MID-JUNE TO MID-OCT: 10-6

4213 Gordon Drive (by H2O Centre)
t 250-764-0931 | oldmeadowsorganics.com

21

PAYNTER'S FRUIT MARKET

Fresh local fruit and vegetables. Family owned since 1952. Ice-cream parlour, gift shop, u-pick available. Open daily.

LATE JUNE TO END OF OCTOBER

3687 Paynter Road | t 250-768-7313
payntersfruitmarket.ca

22

PIONEER COUNTRY MARKET

Delicious, fresh lunches – renowned handmade pies, and preserves. Locally sourced produce in season.

FEB-DEC: MON-SAT 9-4
CALL OR CHECK WEBSITE TO CONFIRM HOURS

1405 Pioneer Road | t 250-762-2544
sperlingvineyards.com

Tables

1

BELLISSIMO! PIZZA

Delicious, healthy pizza made with fresh, local ingredients whenever possible. Takeout and delivery. Outdoor seating mid-May to Sept.

MAY-SEPT: MON-FRI 4-9/WEEKENDS 12-9
OCT-APR: SUN-THURS 4-8/WEEKENDS 4-8:30

4125B Spiers Road | t 250-862-8332
Bellissimopizzakelowna.com

2

BOHEMIAN CAFÉ & CATERING COMPANY

We offer an eclectic and relaxed escape for breakfast and lunch. We cater breakfast, lunch, cocktail parties, and dinners.

WED-FRI 7:30-2:30 | WEEKENDS 8:30-2:00
CATERING: SEVEN DAYS A WEEK

Downtown Kelowna – 524 Bernard Avenue
t 250-862-3517 | bohemiancater.com

3

**BONFIRE RESTAURANT
AT THE COVE LAKESIDE RESORT**

Indulge in Executive Chef Brian Fowke's fresh, locally-inspired cuisine complemented by his Culinary Garden & extensive Okanagan wine list.

OPEN DAILY 7:30 AM-CLOSE

4205 Gellatly Road | t 250-707-1810
bonfirerestaurant.ca

4

**GULFSTREAM
AT FOUR POINTS BY SHERATON - KELOWNA AIRPORT**

Fresh, hand-selected ingredients and locally-inspired creations, direct from the farm to your table. Taste. Sip. Social.

OPEN DAILY 6:30 AM-CLOSE

5505 Airport Way | t 250-807-7427
gulfstreamkelowna.com

5

KRAFTY KITCHEN + BAR

Kelowna's most dynamic restaurant where farm to table meets grape to glass serving unique fare by Top Chef Chris Shaften.

OPEN DAILY 12-LATE

281 Lawrence Avenue | t 250-868-7228
kraftykitchen.ca

6

LAKESIDE DINING AT HOTEL ELDERADO

Nothing beats "The El's" Lakeside Dining Room, Boardwalk Patio and El Bar – all featuring local, seasonal, and organic products.

OPEN DAILY 7 AM-CLOSE
BOARDWALK PATIO: SEASONAL MAY-SEPT

500 Cook Road | t 250-763-7500
eldoradokelowna.com

7

**OLD VINES RESTAURANT
AT QUAILS' GATE WINERY**

Consistently recognized as one of BC's top winery restaurants. Fresh cuisine, exceptional wine, and beautiful vistas await.

OPEN DAILY: LUNCH 11-2:30/DINNER FROM 5
TAPAS LOUNGE: 2:30-5

3303 Boucherie Road | t 250-769-2500
oldvinesrestaurant.com

8

RauDZ® REGIONAL TABLE

RauDZ® menus reflect organic, sustainable and naturally raised ingredients. Fresh, local, comfortable.

OPEN DAILY FROM 5 PM
FIRST COME – FIRST SEATED

1580 Water Street | t 250-868-8805
raudz.com

9

**SUNSET ORGANIC BISTRO
AT SUMMERHILL PYRAMID WINERY**

All organic food and wine paired with warm, true hospitality will make you feel good about life!

OPEN DAILY 11-9

4870 Chute Lake Road
t 250-764-8000 ext 501 | summerhill.bc.ca

10

**TERRACE RESTAURANT
AT MISSION HILL FAMILY ESTATE**

A spectacular culinary destination overlooking vineyards and Okanagan Lake. Our gourmet cuisine uses only local, sustainable ingredients.

MAY 6-OCT 10: OPEN DAILY
RESERVATIONS RECOMMENDED

1730 Mission Hill Road | t 250-768-6467
missionhillwinery.com



KELOWNA Farm to Table

Okanagan Valley, BC

Includes the communities of
KELOWNA | WEST KELOWNA
LAKE COUNTRY | WESTBANK FIRST NATION

2016

11

**VINEYARD TERRACE RESTAURANT
AT CEDARCREEK ESTATE WINERY**

The perfect setting to enjoy wine, food, and a wonderful vista. Our dishes showcase local, seasonal ingredients at their freshest.

JUNE 1-SEPT 18
DAILY: LUNCH AND DINNER FROM 11 AM

5445 Lakeshore Road | t 778-738-1027
cedarcreek.bc.ca

12

WATERFRONT WINES

A sophisti-casual, cozy, award-winning restaurant with tasty food made with fresh, seasonal, Okanagan flavours.

OPEN DAILY FROM 5 PM
RESERVATIONS RECOMMENDED

104 – 1180 Sunset Drive | t 250-979-1222
waterfrontrestaurant.ca

Wines Spirits & Ales

- 1

50TH PARALLEL ESTATE
- 17101 Terrace View Road | t 250-766-3408 | 50thparallel.com
- 2

ANCIENT HILL ESTATE WINERY
- 4918 Anderson Road | t 250-491-2766 | ancienthillwinery.com
- 3

ARROWLEAF CELLARS
- 1574 Camp Road | t 250-766-2992 | arrowleafcellars.com
- 4

CALONA VINEYARDS WINERY
- 1125 Richter Street | t 250-762-9144 | calonavineyards.ca
- 5

CEDARCREEK ESTATE WINERY
- 5445 Lakeshore Road | t 778-738-1020 | cedarcreek.bc.ca
- 6

GRAY MONK ESTATE WINERY
- 1055 Camp Road | t 250-766-3168 | graymonk.com
- 7

GRIZZLI WINERY
- 2550 Boucherie Road | t 250-767-6789 | grizzliwinery.com
- 8

HOUSE OF ROSE WINERY
- 2270 Garner Road | t 250-765-0902 | houseofrose.ca
- 9

INTRIGUE
- 2291 Goldie Road | t 250-980-3233 | intriguewines.ca
- 10

MISSION HILL FAMILY ESTATE
- 1730 Mission Hill Road | t 250-768-6448 | missionhillwinery.com
- 11

MT. BOUCHERIE FAMILY ESTATE WINERY
- 829 Douglas Road | t 250-769-8803 | mtboucheriewinery.com
- 12

OKANAGAN SPIRITS CRAFT DISTILLERY
- 267 Bernard Avenue | t 778-484-5174 | okanaganspirits.com
- 13

QUAILS' GATE WINERY
- 3303 Boucherie Road | t 250-769-4451 | quailsgate.com
- 14

ST. HUBERTUS & OAK BAY ESTATE WINERY
- 5205 Lakeshore Road | t 250-764-7888 | st-hubertus.bc.ca
- 15

SANDHILL ESTATE WINERY
- 1125 Richter Street | t 250-762-9144 | sandhillwines.ca
- 16

SPERLING VINEYARDS
- 1405 Pioneer Road | t 778-478-0260 | sperlingvineyards.com
- 17

SPIERHEAD WINERY
- 3950 Spiers Road | t 250-763-7777 | spierheadwinery.com
- 18

SUMMERHILL PYRAMID WINERY
- 4870 Chute Lake Road | t 250-764-8000 | summerhill.bc.ca
- 19

TANTALUS VINEYARDS
- 1670 Dehart Road | t 250-764-0078 | tantalus.ca
- 20

THE VIBRANT VINE
- 3240 Pooley Road | t 778-478-4153 | thevibrantvine.com
- 21

THE VIEW WINERY/WARD'S CIDERY
- #1 – 2287 Ward Road | t 250.860.0742 | theviewwinery.com
- 22

TREE BREWING BEER INSTITUTE
- 1346 Water Street | t 778-484-0306 | treebrewingbeerinstitute.com
- 23

URBAN DISTILLERIES
- #6 – 525 Bay Avenue | t 778.478.0939 | urbandistilleries.ca
- 24

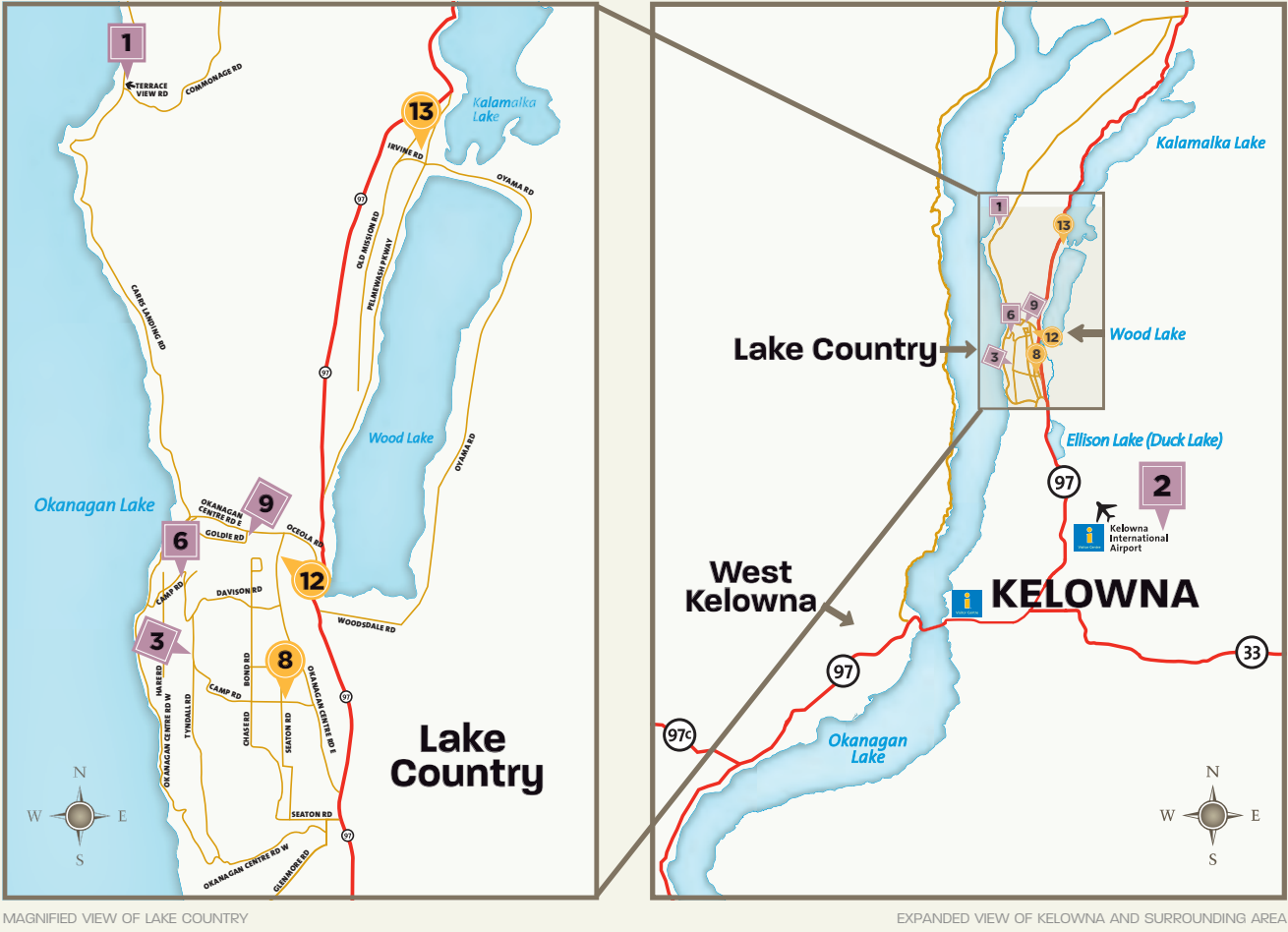
VOLCANIC HILLS ESTATE WINERY
- 2845 Boucherie Road | t 778.755.5550 | volcanichillswinery.com

For more information about Kelowna wineries, distilleries, and breweries, go to kelownawinetrails.com



Savour Kelowna from the ground up

This self-guided tour will take you through the spectacular landscapes of Kelowna to farms and agri-related sites, fabulous farm to table restaurants, and wineries. Take your time, meet the locals, talk to the chefs and winemasters, and find surprises around every turn.



ENTER TO WIN!

Taste. Snap. Share.

Tag photos as you taste our farm to table scene for a chance to win a basket of local goodies valued at \$300. The more you visit, the better your chances!

Post to Instagram: #tasteKelowna + @TourismKelowna + location
Post to Twitter: #tasteKelowna + @Tourism_Kelowna + location

Contest ends Monday October 3, 2016. Winner will be randomly selected.

TOURISM KELOWNA
tourismkelowna.com

Blossoms & Harvests

Of course, Mother Nature has the final say about the dates listed below! Be sure to check in with the Visitor Centre for blossom, harvest, and u-pick info. See bottom of page for contact details.

FRUIT BLOSSOM DATES

Kelowna's celebrated orchards – come spring they're ablaze with fragrant, colourful blossoms. Visitors can enjoy the fruit blossoms from early April until mid-May.

FRUIT HARVEST DATES

Apples Aug 15-Oct 30	Peaches July 25-Sept 1
Apricots July 20-Aug 10	Pears Aug 25-Sept 30
Cherries July 1-Aug 15	Prunes + Plums Aug 15-Sept 10
Grapes Sept-Oct*	<small>Dates vary by year. *Icewine grapes not included.</small>



Farms

- 1 Arlo's Honey Farm
- 2 Arndt Orchards
- 3 BC Tree Fruits Cooperative Market
- 4 Bella Rosa Orchards
- 5 Caldwell Heritage Farm
- 6 Carmel's Goat Cheese Artisan
- 7 Don-O-Ray Fruits & Vegetables
- 8 Duggan Farms
- 9 East Kelowna Cider Co.
- 10 Father Pandosy Mission & Museum
- 11 Function Junction Fruit Stand
- 12 Gambell Farms
- 13 Gatzke's Farm in Lake Country
- 14 Hillcrest Farm Market
- 15 Kelowna Farmers' & Crafters' Market
- 16 Kelowna Veggies
- 17 Laurel Packinghouse
- 18 Meadow Vista Honey Wines
- 19 Okanagan Lavender & Herb Farm
- 20 Old Meadows Organic Farm
- 21 Paynter's Fruit Market
- 22 Pioneer Country Market

Tables

- 1 Bellissimo! Pizza
- 2 Bohemian Café & Catering Company
- 3 Bonfire Restaurant
- 4 Gulfstream
- 5 Krafty Kitchen + Bar
- 6 Lakeside Dining
- 7 Old Vines Restaurant
- 8 RauDz® Regional Table
- 9 Sunset Organic Bistro
- 10 Terrace Restaurant
- 11 Vineyard Terrace Restaurant
- 12 Waterfront Wines

Wines Spirits & Ales

See the reverse side

For more delicious details, visit kelownafarmtotable.com



For information about seasonal availability and u-pick farms, contact our Visitor Centre
544 Harvey Avenue, Kelowna, BC
t 250-861-1515 | tf 1-800-663-4345 | tourismkelowna.com

