



North Eugene High School

Willamette High School

Cal Young Middle School

Marist High School

Sheldon High School

Coburg Hills

1000'
800'
600'
500'

Churchill High School

Eugene

Springfield High School

Thurston High School



a runner's map of
TRACKTOWN USA
runners | walkers | hikers

created by & property of calvin brawner
contact: oregontrackclub.org

- Trails + Paths**
- 1. Skinner Butte
 - 2. Alton Baker Park + Pre's Trail
 - 3. Pioneer Parkway
 - 4. Fern Ridge Path
 - 5. Amazon Park
 - 6. Hendricks Park
 - 7. Dorris Ranch
 - 8. Middle Fork Willamette River Path
 - 9. Weyerhauser Road
 - 10. Rexus Trail
 - 11. Ridgeline Trail at Willamette St
 - 12. Ridgeline Trail at Fox Hollow Rd
 - 13. Ridgeline Trail at Dillard Rd
 - 14. Mt. Baldy
 - 15. Spencer Butte Park
 - 16. Mt. Pisgah + Howard Buford Park
- Bark Trails
 - Gravel Trails
 - Dirt Trails
 - Paved Paths

Experience TrackTown

Historic Hayward Field	Ninkasi Brewing Perpetuate Better Living	Eugene Running Company Run for Fun
Autzen Stadium	The Duck Store Ducks serving Ducks since 1920	Prince Pückler's Gourmet Ice Cream
Track + Field		
Pre's Rock		
Pre's Trail		

Welcome to TrackTown USA, where we run for fun and for a living. Eugene & Springfield is the birthplace of the American jogging movement, the location of Historic Hayward Field and home to some of the nation's elite track and field athletes (past and present). TrackTown has trails and paths that vary from hilly and long to short and flat. Every runner, walker and hiker can find a place to call their favorite.

It was also in TrackTown USA where Bill Bowerman, Phil Knight and Steve Prefontaine developed their potential at the University of Oregon, each sharing an intense passion for running, competition and achievement. Together these Oregon legends laid the foundation, set the direction and provided the inspiration for Blue Ribbon Sports and the company it would become: Nike.

When you leave TrackTown USA you might have memories of an unbelievable kick that will make the hairs on the back of your neck stand up or muscles so sore that walking down stairs will only be bearable backwards. If nothing else, you will have this TrackTown USA guide, as well as some of our super (natural) dirt on your shoes.

Enjoy!
Oregon Track Club and Calvin Brawner

Special thanks to:
Tom & Janet Heinonen and Chelsea Oda

This map was made possible through contributions from the following local organizations

- 
OTC — It's for Everyone!
oregontrackclub.org
- 
Running in The Footsteps of Legends
eugenemarathon.com
- 
Celebrating Women who Run with retreats, products & events
runmommyrun.com
- 
EUGENE RUNNING CLUB
eugenerunningclub.com
- 
Ninkasi Brewing
 272 Van Buren St
 Eugene, OR 97402
ninkasibrewing.com
- 
The Duck Store
 895 E 13th Ave
 Eugene, OR 97401
uduckstore.com
- 
Eugene Running Company
 116 Oakway Ctr
 Eugene, OR 97401
eugenerunningcompany.com
- 
Prince Pucklers Ice Cream
 1605 E 19th Ave
 Eugene, OR 97403
princepucklers.com
- 
QSL Print Communications
qslprinting.com

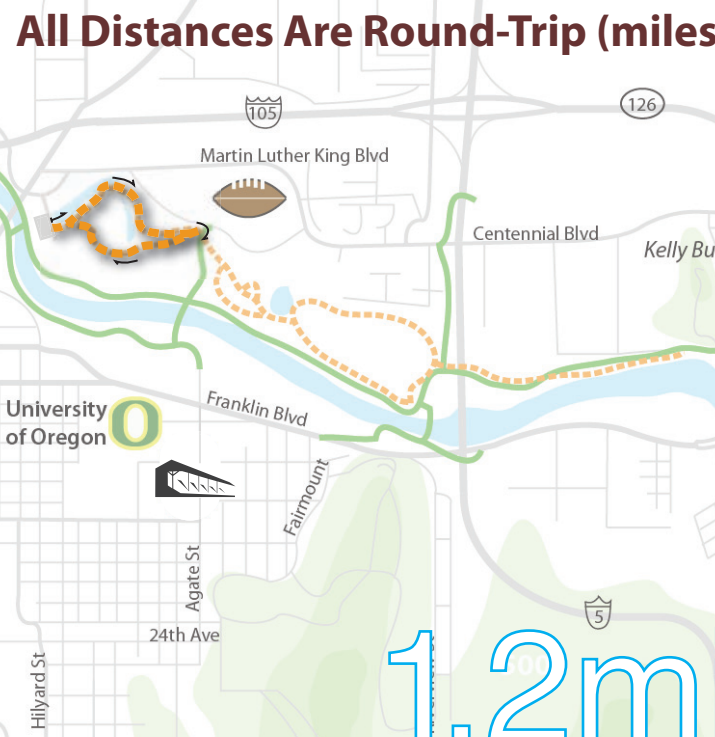
2 Alton Baker Park + Pre's Trail

A bark-chip path called **Pre's Trail** weaves through the park. There are great views of the Willamette River to the south and Autzen Stadium to the north. The park can be accessed on foot from the south side of the river via the Frohnmayer Foot Bridge. For a long run, check out The Ruth Bascom River Path. 14 miles in total or shorter using the foot bridges.
 100 Day Island Road

scan for directions




All Distances Are Round-Trip (miles)



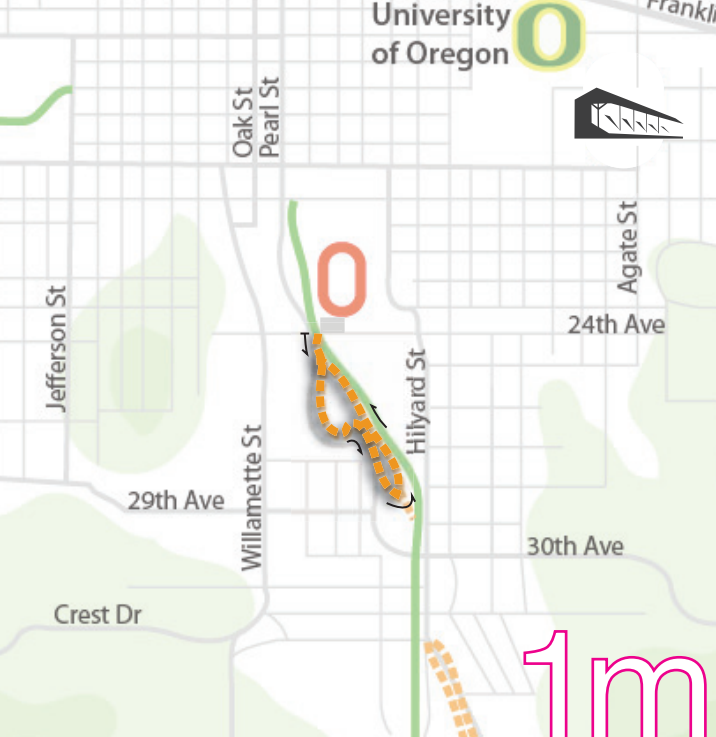
1.2mi

5 Amazon Park + Rexius Trail

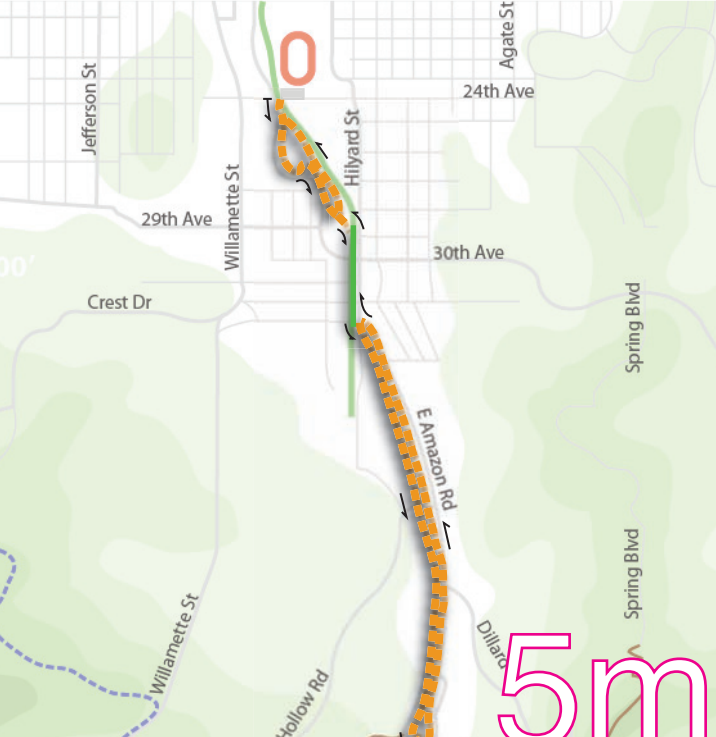
The first portion of the trail is a mile bark-chip loop, where many of the nation's elite run. Four blocks south of Amazon Park, connected by a paved bike path, Rexius Trail extends south to the base of Spencer Butte and the Ridgeline Trail system. The trail becomes saturated in the winter months, but still provides great views of Spencer Butte and the surrounding South Hills.
 Amazon Parkway and E 24th Avenue

scan for directions

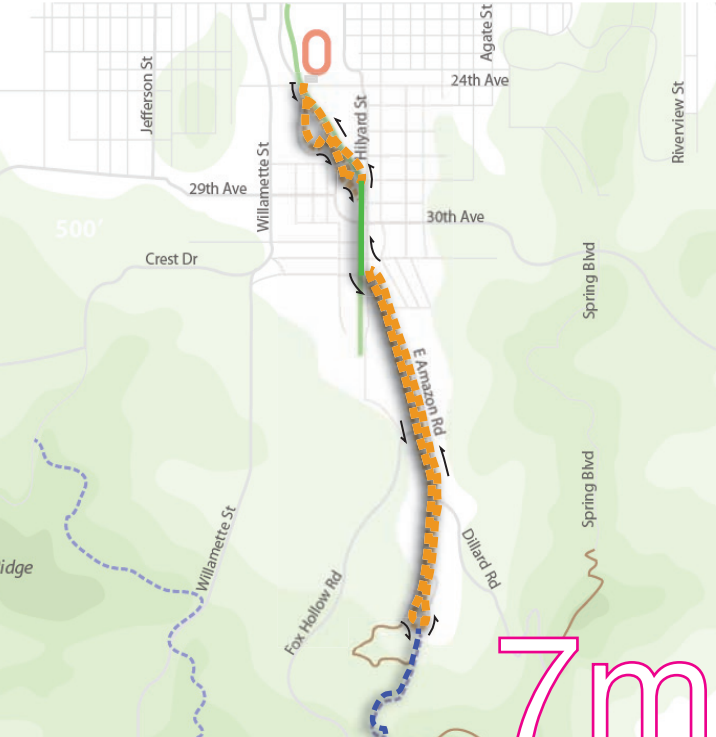




1mi



5mi



7mi

6 Hendricks Park

The tall conifer forest of Hendricks Park is visible to the southeast of Historic Hayward Field. **Pre's Rock** is north of the park on Skyline Blvd. There are many well maintained gravel trails throughout the park, which can be linked together to make a loop. The forest makes this a great place to escape the heat in the summer or the rain in winter.
 Summit Avenue and Birch Lane

scan for directions

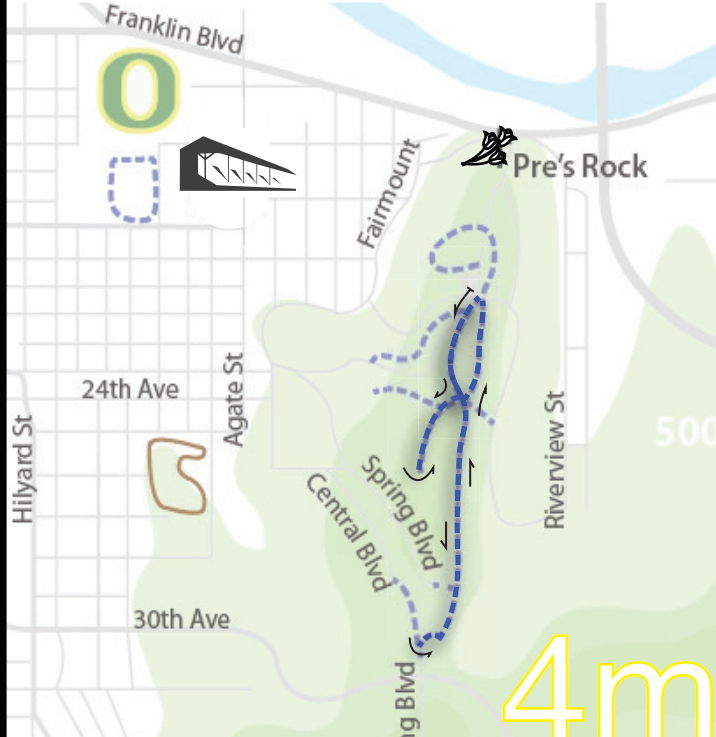




1mi



3mi



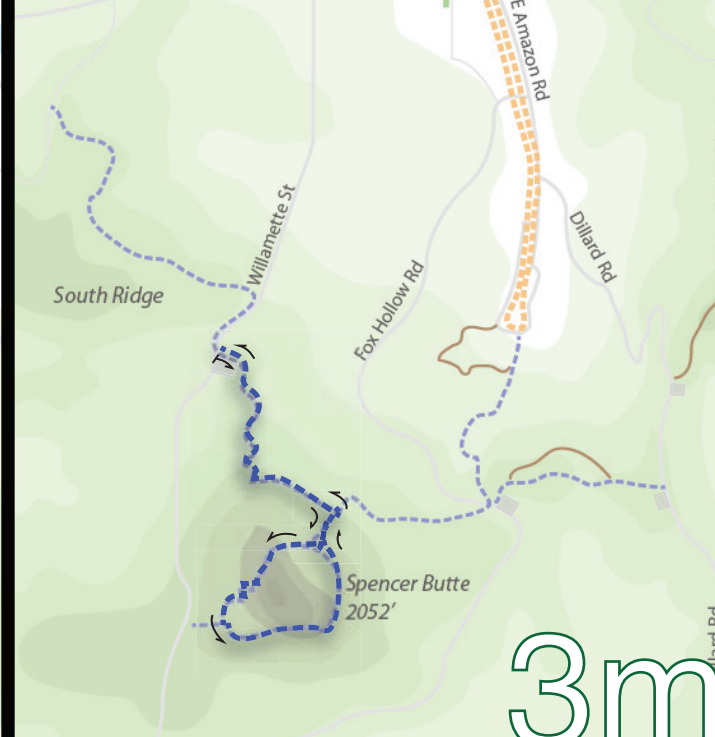
4mi

11 Ridgeline Trail + Spencer Butte

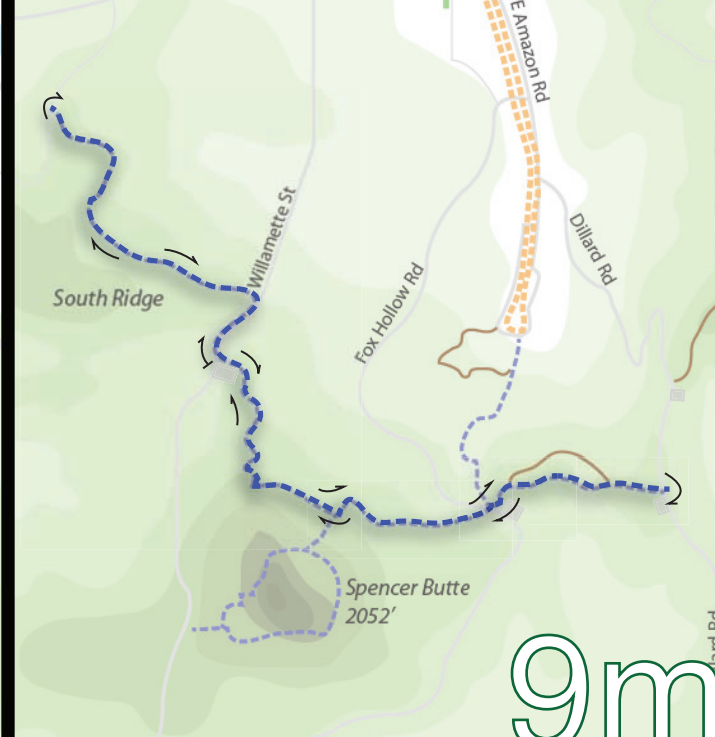
The Ridgeline Trail system covers a total of 14-miles. The Spencer Butte summit hike can be accessed from Ridgeline. A great view of Eugene can be seen from the summit's vista. The Fox Hollow trailhead can be accessed from the Rexius Trail. Ridgeline is a well maintained gravel trail shared by bicycles, hikers and runners. Cool in the summer and muddy at times in the wet winter months.
 52nd Avenue and Willamette Street

scan for directions

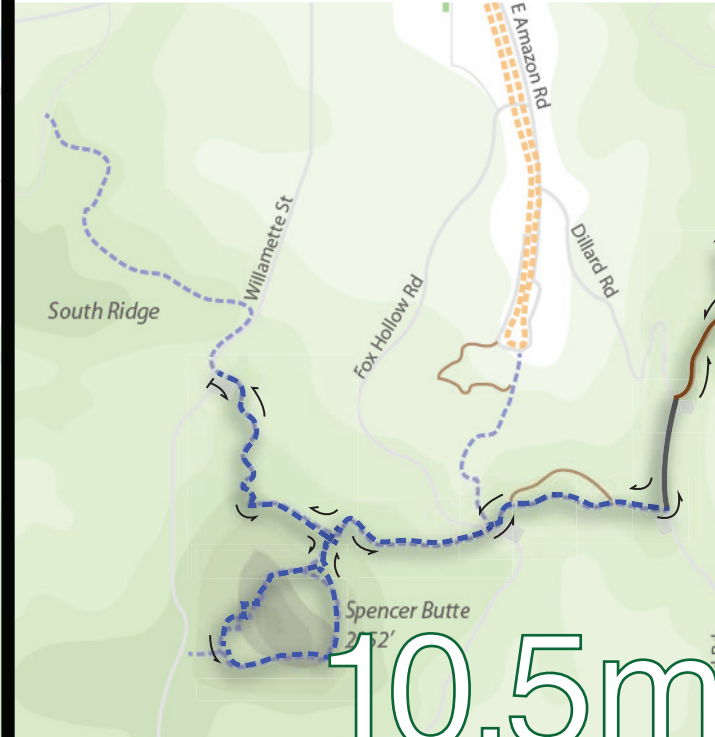




3mi



9mi



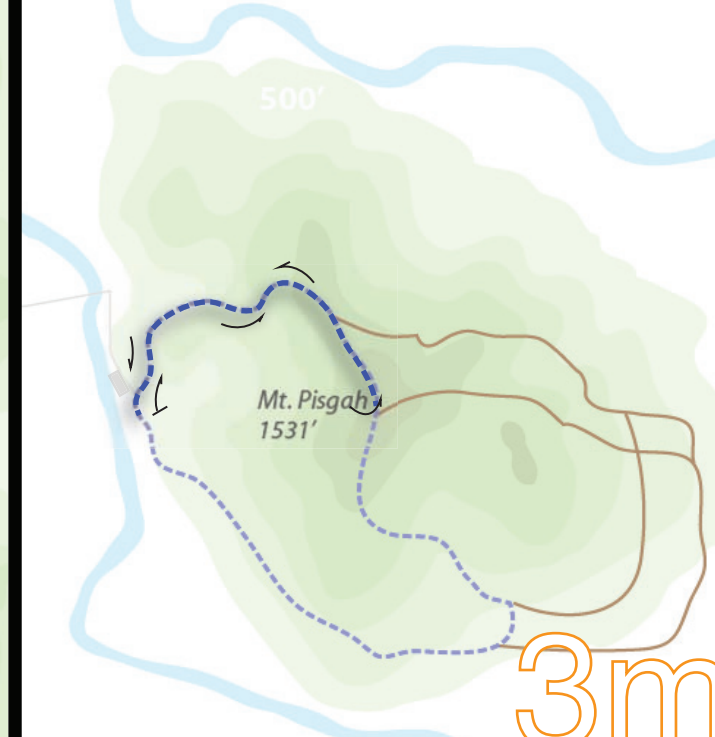
10.5mi

16 Mt. Pisgah


Mt. Pisgah offers hikers and runners an excellent view of Eugene to the east and Springfield to the north. The mountain is a part of the Howard Buford Recreation Area and an arboretum. A well maintained gravel trail ascends the mountain, while less traveled trails loop around the park. Finish your run or hike with a picnic in the arboretum.
 Seavey Way and Frank Parrish Road

scan for directions





3mi



6mi



8mi