

GREATER MADISON CONVENTION & VISITORS BUREAU
BIKING & HIKING



The Madison area is home to one of the most widespread trail systems in the United States! More than 200 miles of scenic trails are available and traversing the city is easy... and beautiful!

TRAILS

Badger State Trail

Take off from Madison to the Illinois State line using the Badger State Trail. One amazing feature is the restored 1,200-foot long historic Steward Railroad Tunnel that was finished in 1887 (bring a flashlight!).
badger-trail.com

Capital City Trail

The 17-mile Capital City Trail is the link around and through Madison and includes seven miles of city trails. If you want to get to know Madison, ride this trail!
dnr.wi.gov/topic/parks/name/capcity

Glacial Drumlin State Trail

Stretching for 52 miles through farmlands and glacial topography, the Glacial Drumlin State Trail travels through ten small towns. The smooth surface of the trail is crushed packed limestone and asphalt.
glacialdrumlin.com



Ice Age National Scenic Trail

Located entirely within Wisconsin, the Ice Age Trail winds for more than 1,000 miles and follows the edge of the last continental glacier in Wisconsin.
iceagetrail.org

Ironman Course

Ride the same course the Ironman competitors use each September in Madison. Start 16 miles out of town before completing two 40-mile loops through hilly and beautiful Dane County. There's a reason why Ironman Wisconsin's course is an international favorite!
ironman.com/wisconsin

Military Ridge State Trail

This 40-mile packed dirt trail connects Madison to Dodgeville by way of an 1855 military route. The trail passes by agricultural lands, woods, wetlands and prairies and there are several observation platforms adjacent to the trail for viewing wildlife.
dnr.wi.gov/topic/parks/name/militaryridge

Sugar River State Trail

This 24-mile recreation trail follows an abandoned railroad line from New Glarus to Brodhead. Cross over 14 trestle bridges with the Sugar River running underneath.
dnr.wi.gov/topic/parks/name/sugarriver



MOUNTAIN BIKING

Badger Prairie Park

Popular among cyclo-cross riders, this park is ideal if you're a beginner rider looking for an easier, shorter ride.
countyofdane.com/lwrp/parks/badger_prairie.aspx

Blue Mound State Park

Twelve miles of trails await those who are willing to take the challenge. The DNR has ranked this the best mountain biking trail in Wisconsin and the trail also provides spectacular views of the dolomite and chert outcroppings.
dnr.wi.gov/topic/parks/name/bluemound



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CamRock Park

Located along the Koshkonong Creek, these six miles of trails features of the most technical singletrack in the area, including the expert-level CamRock3.
countyofdane.com/lwrp/parks/cam-rock.aspx

Devil's Lake State Park

The Uplands Loop trail is a connector trail which provides about eight miles of biking. The loop is generally a medium effort trail and is long and winding, with variable grades through open fields, deep brush and woods.
dnr.wi.gov/topic/parks/name/devilslake

Kettle Moraine State Forest

This state forest is said to have some of the best mountain bike trails in the country! The system offers five different loops, each varying in length and difficulty, and is located 60 miles east of Madison.
dnr.wi.gov/topic/parks/name/kms

Quarry Ridge

A free park located just five minutes from downtown Madison, Quarry Ridge features two miles of trails great for technical riders who prefer singletrack.
city.fitchburg.wi.us/626/Quarry-Ridge-Recreation-Area

BIKE SHOPS AND RENTALS

Budget Bicycle Center

At Budget Bicycle Center you can rent by the day, week or month for very reasonable rates and all bikes come with helmets, maps and locks at no extra charge. Their store is located near the Arboretum, home to trails beside woodlands, wetlands and prairies.
1230 Regent St., 608.251.8413
budgetbicyclectr.com

Machinery Row Bicycles

Located on the Lake Monona bike path, Machinery Row Bicycles rents kids' bikes, trailers, bike path bikes and road bikes. They also have cycling computers, lights, helmets and wheels.
601 Williamson St., 608.442.5974
machineryrowbicycles.com

Madison B-cycle

Madison B-cycle is an urban bike sharing program that makes it quick, easy and convenient to get around Madison on a bike. Revolutionizing the way you move downtown, B-cycle has 39 stations and 350 bikes available.
800.473.4743
madison.bcycle.com

TOURS

Hop Head Beer Tours

Set-up a tour to see multiple breweries all in one day via the Hop Head Beer Tour Company. They offer bus tours of the Madison-area breweries, as well as brewery bike tours.
608.467.5707
hopheadtours.com



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