

OBX “Northern Beaches” Press Itinerary

May 13-17, 2013

The Outer Banks PR Team

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Media Guests

WELCOME!

Monday, May 13, 2013

- 12:30 PM Arrive Norfolk International Airport (Drive time about 1 hour, 30 minutes)
Lunch en route for airport arrivals
- 1:30 PM Lunch at ***Sugar Creek Seafood Restaurant*** (Aaron/Jeff/Christine)
7340 S Virginia Dare Trail, Nags Head, NC 27959 252-441-4963
<http://www.sugarcreekseafood.com/>
- 2:30 PM Call Josh Boles, National Park Service, prior for tour of Wright Brothers.
- 3:00 PM ***Wright Brothers National Memorial***
Tour and flight room-talk with Josh. See where on a cold day in December, 1903 Wilbur and Orville Wright changed the world forever as their powered airplane, the “Wright Flyer,” skimmed over the sands of the Outer Banks for 12 seconds before returning to the ground. See the flight museum which still has exhibits from the First Flight Centennial Celebration. 252-473-2111
<http://www.nps.gov/wrbr/index.htm>
- 4:00 PM ***Jockey’s Ridge State Park***
This 426-acre park has the tallest and largest natural sand dune system in the Eastern United States. Always changing, always beautiful. Two self-guided trails and nature programs available year-round. Hang gliding, kite flying, hiking, visitor center, museum, picnic facilities and restrooms. 252-441-7132
<http://www.jockeysridgestatepark.com/>
- 5:30 PM ***601 Four Seasons Retreat in Duck (home provided by Carolina Designs Realty)***
Four Seasons Retreat, a 7,000 square foot oceanfront estate. This popular vacation home provides memorable ocean views, 8 bedrooms, a gourmet kitchen, den, recreation room with pool table, loft, expansive wraparound decks, private pool, hot tub and a private walkway to the Atlantic.
<http://www.carolinedesigns.com/duck-vacation-rental/601-four-seasons-retreat/>
Monica Thibodeau, Managing Owner, 800-368-3825 www.CarolinaDesigns.com
- 6:30 PM ***Red Sky Café “Chefs on Call”*** dinner at beach house (cocktails and then dinner)
<http://www.redskycafe.com/ordereze/Content/2/Summary.aspx>

Tuesday, May 14, 2013

8:30 AM

Breakfast at Coastal Cravings

Coastal Provisions was founded by Dan Lewis and Scott Foster, former head chefs for specialty food chain Sutton Place Gourmet, Hay Day Markets and Balducci's. With the goal of bringing great tasting foods to the beach, Coastal Provisions opened its flagship Market in Southern Shores six years ago and has quickly grown into one of the Outer Banks' top food businesses with two additional locations in Duck, three restaurant concepts in all, and has become one of the most sought-after caterers on the beach with its award-winning cuisine and service.

1209 Duck Rd, Duck, NC 27949 252-480-0032

<http://www.cravingsobx.com/>

10:30 AM

Corolla Outback Adventures – Wild Horse Tour on last 12 miles of NC beach

Ride into the “Outback” area past the NC Route 12 road's end, traversing several refuge areas and sanctuary sites like the Wild Horse Estates Conservation easement. Along the way you often see a variety of shore birds and other wildlife and of course the iconic Colonial Spanish Mustangs. Learn the history and local lore discovering what makes this wild part of the Outer Banks unlike any other place on earth, interpreted by Corolla's most experienced guide service.

1150 Ocean Trail, Corolla, NC 27927 252-453-4484

<http://corollaoutback.com/>

1:00 PM

Lunch at Red Sky Café (also catered the Monday night dinner via Chefs on Call)

Features local foods and eclectic styles of preparation. The casual atmosphere lets you feel at home with a generous portion of unique flavors and friendly faces. The dimly lit restaurant has that European “space is at a minimum so make the most of it” feel; its open kitchen is separated from the dining area only by a utilitarian beverage service area (fortunately, this doesn't create an unpleasant noise level). A premier location right across the road from the Town of Duck Park makes Red Sky Café a good stop for pre-concert dinners.

1197 Duck Rd, Duck, NC 27949 252-261-8646

<http://www.redskycafe.com/orderenze/default.aspx>

2:00 PM

Shopping/Walk/Tour around Duck (update from Duck's PIO Denise Walsh)

3:30 PM

Afternoon Pontoon Boat Ride (Sunset Watersports)

Premier watersports venue on the Outer Banks offering the best location for water activities with an opportunity to explore the Currituck Sound. Located at the gazebo at Sunset Grille.

1264 Duck Rd, Duck, NC 27949 252-261-1839

<http://www.sunsetgrillewatersports.com/orderenze/Content/Summary.aspx?CPageId=5>

7:00 PM

Dinner at The Blue Point

Duck was still a sleepy little village when “those two guys” opened the Blue Point in the summer of 1989. Only a few years before, NC Route 12 ended at the county line. While the Northern Beaches of Dare and Currituck Counties have experienced continuous growth over the past 20 plus years, Duck has retained its charm and “sleepy” attitude. Those Two Guys are John Power and Sam McGann, high school friends from Norfolk, Va.

At the time, many locals expressed their skepticism. They didn't think that those two guys would be able to make it with an upscale approach to food and wine. Those same locals became good customers and friendships formed that continue today. And not only did the Blue Point make it, but it has established itself as one of the most recognized and highly-regarded restaurants in the region. This little waterfront diner consistently makes the "must-experience" lists of the likes of Southern Living, Gourmet Magazine and the Wine Spectator. It has also been noted by many that the Blue Point could be anywhere in the world and it would still be the hard-to-get reservation.

1240 Duck Rd, Duck, NC 27949 252-261-8090
<http://www.thebluepoint.com/>

Wednesday, May 15, 2013

Breakfast provided at beach house by **Duck Donuts**
1190 Duck Rd, Duck, NC 27949 252-480-3304
<http://duckdonuts.com/>

- 8:00 AM ***Packed up and depart beach house***
- 9:00 AM ***Bodie Island Lighthouse Tour***
Climb for the first time ever this 156-foot tall horizontally-striped beacon that opened to the public on April 19. After undergoing major renovations to restore the famed lighthouse, the National Park Service now allow limited climbing access. 252-441-5711
<http://www.nps.gov/caha/historyculture/bodie-island-light-station.htm>
- 10:30 AM ***Wanchese Fish Company tour, followed by lunch at Fisherman's Wharf*** (Micah Daniels)
W.R. Etheridge, a hard-working, innovative man, started a small fish processing plant in the harbor community of Wanchese on Roanoke Island in 1936. In 1941, Malcolm Daniels married Etheridge's daughter, Maude, and later joined the business of sorting, packing and shipping fresh seafood. Soon after, in 1946, Daniels was given charge of the company. The Daniels' had 15 children — all of whom have contributed to the family's success. Today, the second and third generations of the Daniels own and manage the venture. <http://www.wanchese.com/>
- 1:00 PM ***The Elizabethan Gardens*** (Carl Curnutte)
Fanciful and elaborate gardens were kept to entertain Queen Elizabeth I during her reign. This garden was created for local and visitor enjoyment, and as a living memorial to the time when Sir Walter Raleigh's lost colonists lived in this very place over 400 years ago. Inside the brick-walled gate you'll find a wonderful collection of Renaissance statues, a sound-front Elizabethan-gazebo, a sunken Elizabethan knot garden — all adorned by an ever-changing palette of year-round color from hydrangeas to native plants, perennials and camellias on 10 sound-side acres.

1411 National Park Dr., Manteo, NC 27954 252-473-3234
<http://elizabethangardens.org/>
- 2:00 PM ***Ft. Raleigh National Historic Site***
As England's First Home in the New World, Fort Raleigh National Historic Site protects and preserves known portions of England's first New World settlements from 1584 to 1590. This site also preserves the cultural heritage of the Native Americans, European Americans and African Americans who have lived on Roanoke Island.
<http://www.nps.gov/fora/index.htm>

- 3:00 PM ***Downtown Manteo Tour (afternoon refreshments at Full Moon Café and Grille)***
- 5:00 PM ***Check into Sanderling Resort***
1461 Duck Rd, Duck, NC 27949 866-860-3979
<http://www.sanderling-resort.com/>
- 6:00 PM Meet in lobby for brief property tour/overview with general manager Dick McAuliffe
- 6:30 PM ***Cocktails/Dinner at Kimball's Kitchen*** with Wendy Coulson Murray (Director of Sales and Marketing)
Formerly the Left Bank, located on the Soundside of the Sanderling Resort, Kimball's offers glorious view of the Currituck Sound and its inspiring sunsets, outstanding service and a world-class menu. Spotlighting local, grass-fed prime steaks, freshly caught local seafood, and an extensive raw bar selection, the restaurant creates a great dining experience with an upscale coastally casual environment. Of particular note are the numerous varieties of local oysters and the classic seafood tower, with a daily changing list of locally caught fish and seafood. Daily pasta and risotto specials are accompanied by an extensive Wine Spectator wine and champagne list.
- Chef Jeffrey Russell joined the Sanderling team in 2011 as Executive Chef. With 25 years of culinary experience with resorts, he joined Sanderling Resort most recently from the Equinox Resort and Spa in Manchester, Vt. Prior, Chef Russell was Executive Chef for the Grand America Hotel in Salt Lake City, Utah; Desert Sage Restaurant in La Quinta, Calif.; and Ventana Room at Loews Ventana Canyon Resort in Tucson, Ariz. His cuisine is rooted in Sustainable, Organic, Artisanal and Local ingredients – or what we at the Sanderling have adapted as S.O.A.L. Chef Russell received his culinary education from the Culinary Institute of America in New York.
- <http://www.sanderling-resort.com/restaurants-and-bars/kimballs-kitchen>

Thursday, May 16, 2013

Lifesaving Station Breakfast on your own (compliments of Sanderling Resort)

Located in the original — and splendidly restored — Caffey's Inlet Life Saving Station No. 5, the Lifesaving Station is Sanderling's casual, three-meal-a-day restaurant celebrating southern coastal cuisine and regional, organic products. New with the renovations is a spacious outside seating deck and large fireplace. Known for its "best breakfast on the Outer Banks" and a-la-carte Sunday brunch, renowned chef Tim Nelson's menu changes seasonally, and specials feature the freshest of the day's catch. Always a favorite, the blue crab is served fresh and steamed hard-shell, or sautéed soft-shell during the May-to-September season. And be sure to try the Lifesaving Station's famous Carolina BBQ Sampler and Spring Mountain Farms Buttermilk Fried Chicken, always on the menu.

The Lifesaving Station maintains an impressive wine list. Local breweries are featured while specialty cocktails feature coastal "house cocktails" and bourbons. Upstairs, the renovated No. 5 offers sweeping views of the Currituck Sound.

<http://www.sanderling-resort.com/restaurants-and-bars/life-saving-station>

9:00 AM **Sanderling Resort signature spa treatment** (all but Annette who has stand-up paddleboarding lesson at 10 AM)
<http://www.sanderling-resort.com/amenities-and-activities>

Noon/12:30 PM **Lunch in Duck**

2:00 PM **Nor'Banks Sailing and Watersports Since 1979** (choice of activities)
1314 Duck Rd., Duck, NC 27949 252-261-2900
<http://norbanks.com/>

6:30 PM **Dinner at AQUA Restaurant & Day Spa** (Kathleen Hahn)
One of the most forward-thinking waterfront restaurants in Duck, AQUA Restaurant & Spa offers fresh regional cuisine in its restaurant and the day spa is available to nourish the body and spirit. Its mission is to use community-farmed, organic ingredients, natural meats, while strengthening local relationships. This vision is echoed in the spa, with earth friendly products, organic serums and rejuvenating treatments.

1174 Duck Rd, Duck, NC 27949 252-261-9700
<http://spasouterbanks.com/>

Friday, May 17, 2013

Lifesaving Station Breakfast on your own (compliments of Sanderling Resort)

9:30 AM **Check out and airport departure**